

WEEK 5 – Date: 17/08/2026

Choose the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1.

- A. fond B. lonely C. block D. option

Question 2.

- A. under B. discuss C. curious D. upset

Choose the answer to fill in the blank in each of the following questions.

Question 3. The store was closed; _____, we couldn't buy what we needed.

- A. therefore B. however C. moreover D. otherwise

Question 4. He hasn't studied for the test, he's confident that he'll do well.

- A. yet B. so C. or D. and

Question 5. Tony: “Can you help me with this crossword puzzle?”

Sue: “Let’s take a look at it together.”

- A. Not at all. B. Of course.
C. That's right. D. You're welcome.

Question 6. He was so _____ on his goals that he didn't notice the time passing.

- A. confident B. focused C. mature D. worried

Question 7. I cannot tell whether Jessica is old or young, I have never met her.

- A. so B. but C. for D. and

Question 8. You're just a big ! You'll never learn how to treat people with respect.

- A. bully B. profile C. patient D. account

Question 9. The article provides some useful tips to help teenagers _____ stress and pressure.

- A. put away B. deal with C. show off D. turn down

Question 10. Trying to keep up with the latest trends on social media can be very _____ for teenagers.

- A. stressful B. stress C. stressed D. stressfully

WEEK 5 – Date: 18/08/2026

Choose the answer that is CLOSEST in meaning to the underlined word/phrase in each of the following questions.

Question 11. Games can make learning more enjoyable by turning difficult tasks into interesting challenges.

- A. pretty B. modern C. fun D. simple

Question 12. I'm completely **worn out** today after spending all night studying for my final exams.

- A. tired B. bored C. upset D. calm

Choose the answer that indicates the underlined part that needs correction in each of the following questions.

Question 13. Parents should pay attention with their teens' use of social media to ensure they are staying safe.

- A. safe B. with C. to ensure D. use of

Question 14. The teacher explained the concept carefully; therefore, her students still didn't understand.

- A. the B. therefore C. didn't understand D. carefully

Read the following passage and choose the correct answer that best fits each of the following blanks.

Hi Jasmine,

I've been (15) _____ the Web, and I've found some information for our technology project. I've downloaded some pictures from the Internet, too. I went to the Science Museum at the weekend, (16) _____ I took some photos that we can use. I'm attaching (17) _____ to this email for you to look at. There's one photo of me using a computer from the 1980s. I couldn't connect (18) _____ the Internet because home computers didn't have the Internet in those days!

Do you want to come over this evening? We can finish our project and (19) _____ it onto the school website.

I must go now. I have to (20) _____, so that Dad can use the computer.

See you soon,

Amy

Question 15.

- A. posting B. contacting C. browsing D. connecting

Question 16.

- A. yet B. for C. and D. or

Question 17.

- A. them B. its C. it D. theirs

Question 18.

- A. to B. with C. by D. for

Question 19.

- A. report B. upload C. access D. download

Question 20.

- A. log off B. sign in C. log on D. sign up

WEEK 5 – Date: 19/08/2026

Choose the word whose underlined part differs from the other three in pronunciation.

Question 1.

- A. avoid B. boil C. choir D. noisy

Question 2.

- A. pressure B. discuss C. classmate D. messy

Question 3.

- A. know B. browse C. grow D. borrow

Question 4.

- A. although B. soul C. shoulder D. tourist

Question 5.

- A. picture B. pure C. nature D. figure

Choose the sentence that best combines each pair of sentences in the following questions.

Question 6. His parents are away on holiday. He has to cook his own meals.

- A. His parents are away on holiday, so he has to cook his own meals.
B. His parents are away on holiday; otherwise, he has to cook his own meals.
C. His parents are away on holiday, for he has to cook his own meals.
D. His parents are away on holiday because he has to cook his own meals.

Question 7. He missed the deadline. He couldn't submit the application.

- A. He missed the deadline; however, he couldn't submit the application.
B. For he missed the deadline, he couldn't submit the application.
C. He missed the deadline; therefore, he couldn't submit the application.
D. Because he couldn't submit the application, so he missed the deadline.

WEEK 5 – Date: 20/08/2026

An email from a friend

Hi Samia,

Just a quick email to say that sounds like a great idea. Saturday is better for me because I'm meeting my parents on Sunday. So if that's still good for you, why don't you come here? Then you can see the new flat and all the work we've done on the kitchen since we moved in. We can eat at home and then go for a walk in the afternoon. It's going to be so good to catch up finally. I want to hear all about your new job!

Our address is 52 Charles Road, but it's a bit difficult to find because the house numbers are really strange here. If you turn left at the post office and keep going past the big white house on Charles Road, there's a small side street behind it with the houses 50–56 in. Don't ask me why the side street doesn't have a different name! But call me if you get lost and I'll come and get you.

Let me know if there's anything you do/don't like to eat. Really looking forward to seeing you!
See you soon!

Gregor

Are the sentences true or false?

1. Samia and Gregor are going to meet on Sunday.
2. They're going to have lunch at Gregor's flat.
3. They haven't seen each other for a long time.
4. Samia's life hasn't changed since they last met.
5. The house is easy to find.
6. Gregor doesn't know the name of the side street his flat is on.

WEEK 5 – Date: 21/08/2026

Read the passage and answer the questions.

Teenagers today have many ways to spend their free time. Some enjoy playing sports, while others prefer watching videos, listening to music, or using social media. However, spending too much time online can cause some problems.

Nam is a 14-year-old student. He used to spend about four hours a day on social media. He often went to bed late because he wanted to chat with his friends or watch short videos. As a result, he felt tired at school and couldn't concentrate well.

Now, Nam spends less time online. He plays basketball with his friends three times a week and reads books before going to bed. He also turns off his phone earlier in the evening. He thinks that he feels healthier and studies better than before.

Questions

1. What do some teenagers like doing in their free time?

- A. Only playing sports
- B. Watching videos and using social media
- C. Only reading books
- D. Working all day

2. How long did Nam use social media every day?

- A. Two hours
- B. Three hours
- C. Four hours
- D. Five hours

3. Why did Nam often go to bed late?

→ _____

4. How did Nam feel at school?

- A. Energetic
- B. Tired
- C. Excited
- D. Relaxed

5. What does Nam do three times a week now?

→ _____

6. What does Nam think about his life now?

→ _____

7. Find a word in the passage that means “pay attention to something”.

→ _____

WEEK 5 – Date: 22/08/2026**Read the passage and answer the questions.**

Many teenagers experience pressure at school. They may have a lot of homework, tests and projects. Some students also worry about getting good grades because they want to make their parents and teachers happy.

Mai is an eighth-grade student. She used to feel very stressed before exams. She studied until midnight and didn't take enough breaks. She thought that studying longer always meant studying better.

Her teacher gave her some useful advice. Now Mai makes a study plan and takes short breaks between study sessions. She also exercises regularly and goes to bed earlier. She says that she can study more effectively now. She also feels happier and less stressed.

Questions**1. What can cause pressure for teenagers?**

- A. Playing sports
- B. Homework, tests and projects
- C. Watching TV
- D. Going shopping

2. When did Mai usually feel stressed?

→ _____

3. How long did Mai study before?

- A. Until 8 p.m.
- B. Until 9 p.m.
- C. Until 10 p.m.
- D. Until midnight

4. What did Mai think about studying longer?

→ _____

5. What does Mai do between study sessions now?

→ _____

6. How does Mai feel now?

- A. More stressed
- B. Happier and less stressed
- C. More tired
- D. More worried

7. Is the following statement TRUE or FALSE?

Mai's teacher advised her to study without taking breaks.

→ _____

WEEK 6 – Date: 24/08/2026**Read the passage and answer the questions.**

Social media has become an important part of many teenagers' lives. Teenagers use social media to communicate with friends, share photos and videos, and learn about new things. However, using it too much may have negative effects.

Linh and Hoa are best friends, but they use social media differently. Linh checks her phone many times a day. She usually spends more than three hours online. Hoa, on the other hand, spends only about one hour a day online. She prefers meeting her friends face to face.

Hoa thinks that talking to people directly is better than communicating only through messages. She also believes that teenagers should spend more time doing outdoor activities. Linh agrees with her and is trying to use her phone less.

Questions

1. Why do teenagers use social media? Give TWO reasons.

→ _____

2. How often does Linh check her phone?

- A. Once a day
- B. Many times a day
- C. Once a week
- D. Only at school

3. How long does Linh usually spend online?

→ _____

4. How long does Hoa spend online each day?

- A. About 30 minutes
- B. About one hour
- C. About two hours
- D. About three hours

5. What does Hoa prefer?

→ _____

6. What does Hoa think teenagers should do more?

→ _____

7. Does Linh agree with Hoa?

→ _____

8. Find a word in the passage that means “bad or harmful”.

→ _____

WEEK 6 – Date: 25/08/2026

Read the passage and answer the questions.

Being a teenager can be exciting, but it is also important to have a healthy lifestyle. Teenagers should get enough sleep, eat healthy food and exercise regularly.

Tom is 15 years old. He used to sleep only six hours a night because he often played computer games until late. He also ate a lot of fast food. He wasn't very active and often felt tired.

Recently, Tom has changed his habits. He now goes to bed earlier and sleeps about eight hours every night. He also eats more vegetables and fruit. Instead of playing computer games for several hours, he goes cycling with his friends. Tom says that he feels stronger and works harder at school than before.

Questions

1. What three things should teenagers do to have a healthy lifestyle?

→ _____

2. How many hours did Tom use to sleep?

- A. Five
- B. Six
- C. Seven
- D. Eight

3. Why did Tom sleep late?

→ _____

4. What kind of food did Tom often eat?

→ _____

5. How many hours does he sleep now?

→ _____

6. What does Tom do instead of playing computer games for several hours?

→ _____

7. Complete the sentence according to the passage:

Tom feels _____ and works _____ at school than before.

WEEK 6 – Date: 26/08/2026

Read the passage and answer the questions.

It is normal for teenagers and their parents to disagree sometimes. Teenagers want more independence, while parents want to protect them. Problems can happen when parents and teenagers don't communicate well.

Anna often had arguments with her mother about using her phone. Anna wanted to use it whenever she wanted, but her mother thought she spent too much time online. They often became angry with each other.

One day, Anna and her mother decided to talk calmly about the problem. They agreed that Anna could use her phone after finishing her homework. She could also use it for one hour before bedtime. After making this agreement, they had fewer arguments.

Anna learned that talking openly was better than getting angry. Her mother also understood that Anna needed some independence.

Questions

1. Why do teenagers and parents sometimes disagree?

- A. Teenagers don't like school.
- B. Teenagers want independence while parents want to protect them.
- C. Parents don't have jobs.
- D. Teenagers don't have friends.

2. What did Anna and her mother often argue about?

→ _____

3. What did Anna's mother think?

→ _____

4. What did Anna have to do before using her phone?

→ _____

5. How long could Anna use her phone before bedtime?

→ _____

6. What happened after they made the agreement?

→ _____

7. What did Anna learn from the experience?

→ _____

8. What did her mother understand?

→ _____

WEEK 6 – Date: 27/08/2026

Choose the best answer.

1. My sister is _____ than me.

- A. tall
- B. taller
- C. more tall
- D. tallest

2. This exercise is _____ than the previous one.

- A. easy
- B. easier
- C. more easy
- D. easiest

3. Social media can be _____ than face-to-face communication in some situations.

- A. convenient
- B. more convenient
- C. convenienter
- D. most convenient

4. Teenagers today seem to be _____ with technology than teenagers in the past.

- A. familiar
- B. familiarly
- C. more familiar
- D. most familiar

5. My new study plan is _____ than my old one.

- A. effective
- B. effectiver
- C. more effective
- D. most effective

6. Getting enough sleep is _____ than staying up late.

- A. healthy
- B. healthier

- C. more healthy
- D. healthiest

7. This problem is _____ than I expected.

- A. difficult
- B. difficulter
- C. more difficult
- D. most difficult

8. Playing outside is _____ than playing computer games all day.

- A. good
- B. better
- C. more good
- D. best

9. Nam's new lifestyle is _____ than his old lifestyle.

- A. healthier
- B. more healthier
- C. healthy
- D. healthiest

10. Teenagers sometimes think their problems are _____ than their parents think.

- A. serious
- B. seriouser
- C. more serious
- D. most serious

WEEK 6 – Date: 27/08/2026

Choose the best answer.

1. Lan studies _____ than her brother.

- A. hard
- B. harder
- C. more hard
- D. hardest

2. Mai speaks English _____ than she did last year.

- A. fluent
- B. more fluently

- C. fluently
- D. most fluently

3. You should use your phone _____ if you want to have more free time.

- A. less
- B. lesser
- C. least
- D. little

4. Nam can run _____ than me.

- A. fast
- B. faster
- C. more fast
- D. fastest

5. She completed the homework _____ than expected.

- A. quickly
- B. more quickly
- C. quick
- D. quickest

6. Teenagers should listen to their parents _____.

- A. carefully
- B. more carefully
- C. careful
- D. most careful

7. After changing his lifestyle, Tom sleeps _____ than before.

- A. well
- B. better
- C. more well
- D. best

8. Hoa spends her free time _____ than Linh.

- A. wisely
- B. more wisely
- C. wise
- D. wiselier

9. You need to speak _____ if you want everyone to understand you.

- A. clearly

- B. more clearly
- C. clear
- D. clearlier

10. My brother does his homework _____ than I do.

- A. carefully
- B. more carefully
- C. careful
- D. most carefully

WEEK 6 – Date: 28/08/2026

Choose the best answer.

1. This book is _____ than the one I read last week.

- A. interesting
- B. more interesting
- C. interestinger
- D. most interesting

2. Mai runs _____ than her sister.

- A. quickly
- B. more quickly
- C. quick
- D. most quick

3. Life can be _____ for teenagers when they have too much schoolwork.

- A. stressful
- B. more stressful
- C. stressfully
- D. most stressful

4. You should manage your time _____ than before.

- A. good
- B. better
- C. well
- D. best

5. My parents think I should go to bed _____.

- A. early

- B. earlier
- C. more early
- D. earliest

6. This activity is _____ than spending three hours on social media.

- A. useful
- B. more useful
- C. usefully
- D. most useful

7. She answered the teacher's questions _____ than her classmates.

- A. confidently
- B. more confidently
- C. confident
- D. most confident

8. Face-to-face communication is sometimes _____ than online communication.

- A. personal
- B. more personal
- C. personally
- D. most personally

9. After exercising regularly, he feels _____ than before.

- A. healthy
- B. healthier
- C. more healthily
- D. healthily

10. If you want to improve your English, you should practise _____.

- A. regularly
- B. more regularly
- C. regular
- D. more regular